

County Councillor Report

Lighthorne Parish Council Meeting 14th July 2026

FIS

Warwickshire's Family Information Service (FIS) provides information, advice and one-to-one support on issues including family relationships, finance, housing, parenting support and more. Learn more:

www.warwickshire.gov.uk/directory-record/40/family-information-service

Strengthening support for community food projects

Warwickshire County Council has awarded more than £25,000 in funding to 27 community organisations to support local initiatives that improve access to healthy, affordable food. Find out more:

<https://www.warwickshire.gov.uk/news/article/7668/warwickshire-county-council-strengthens-support-for-community-food-projects->

Positive changes coming to NHS Health Checks

Residents will continue to receive NHS Health Checks through their local GP practices. However, from 1 July 2026 the delivery of the service will be moving from Fitter Futures Warwickshire to Coventry and Warwickshire Integrated Primary Care. The NHS Health Check programme offers eligible Warwickshire residents aged 40–74, who do not have certain pre-existing health conditions, a free health check every five years. The checks help identify early signs of conditions such as heart disease, stroke, type 2 diabetes and kidney disease, enabling people to access advice, support and treatment to improve their long-term health and wellbeing. Read more:

<https://www.warwickshire.gov.uk/news/article/7753/positive-changes-coming-to-nhs-health-checks-in-warwickshire-for-residents-aged-40-74>

Screentime for children

How does screen time affect my child's development?

Your child's brain develops rapidly before age 5 and thrives on play, conversation and connection. While screens are part of daily life, too much can affect sleep and development.

What content is better content?

Young children's brains are stimulated much more easily than adults', so they need content specifically made for them.

Slow-paced content: Slow-paced, predictable content is better for young brains. Fast-paced, over-stimulating social media-style videos may affect how young children learn to concentrate, so it's best to avoid them.

Choose safe content: Use [parental controls](#) to block inappropriate, harmful content. **Avoid social media:** Social media isn't made for young brains, so it should be avoided. **Avoid AI:** Don't let young children use AI toys, tools or chatbots until there's more evidence on how they affect your child. This includes devices or apps such as interactive robots, smart speakers or AI chat apps. For more info visit: <https://orlo.uk/wXQrh>

Warwickshire Police – We're Listening Campaign

Warwickshire Connected is a free messaging service brought to you by Warwickshire Police, where you can tell them about your priorities and be the first to hear the facts about any incidents and emergencies near you. Join today: <https://survey.warwickshireconnected.com/Survey/REGISTRATION/985BF47BF2E1F338BE4B4D9712A944AD>

Summer safety

Protect your skin by keeping an eye on your moles. Keep an eye out for changes to your skin. Check for:

A new mole, lump, or growth
Changes in size, shape, or colour of existing moles or freckles
If you notice anything unusual, contact your GP. Early detection matters.

Support for home heating oil or LPG

Warwickshire residents using heating oil or LPG may be eligible for support through the Crisis and Resilience Fund. WCC is working with Act on Energy to help households manage rising fuel costs. Find out more:

<https://www.warwickshire.gov.uk/news/article/7727/support-available-to-help-warwickshire-residents-with-heating-oil-and-lpg-costs>

Hybrid booking system at HWRCs

Warwickshire County Council has announced that a new hybrid booking system will be introduced across its Household Waste Recycling Centres (HWRCs), coming into effect on Monday, 20 July 2026. Read more:

<https://www.warwickshire.gov.uk/news/article/7866/new-hybrid-booking-system-for-household-waste-recycling-centres>

Changes to Councillors' Grant Fund

Community groups across Warwickshire are to benefit from a refreshed County Councillors' Grants Fund 2026–27, designed to deliver greater impact, simpler access, and stronger alignment with local priorities.

Discover more: <https://www.warwickshire.gov.uk/news/article/7734/changes-to-councillors-grant-fund-to-boost-impact-for-communities-across-warwickshire->

HAF activities

Are you looking for a holiday club or activities for your child this summer?

The Summer HAF programme is now live and ready to book:

<https://searchout.warwickshire.gov.uk/holidays-activities-food-haf>

Activities start from 20th July and run right through the summer holidays

Book early – spaces fill up fast! Bookings are made directly with providers – just check each listing for contact details

The HAF programme is for families receiving benefits-related free school meals

If that's you and you haven't got your HAF code yet, don't worry – it's not too late! Apply today at <https://searchout.warwickshire.gov.uk/holidays-activities-food-haf>

Lloyds Tour of Britain Women 2026 Sunday 23rd August

From the start in Leamington, the 77-mile (123.8km) route will head north to Kenilworth, before heading through Stoneleigh towards Princethorpe, where it will follow the Fosse Way southwards, passing over the M40 through Wellesbourne and Shipston-on-Stour, before turning north. The peloton will then take in a succession of climbs, including Sun Rising Hill (900m at 10% average gradient) and the ascent of Burton Dassett Hills Country Park (700m at 9% average gradient), which was a summit finish in last year's men's race. The race then heads to Southam before returning to Leamington via Radford Semele and the finish near Jephson Gardens.

Domestic abuse support during the World Cup 2026

The World Cup brings excitement and a shared sense of national pride, but when emotions run high, the impact can coincide with an increase in domestic abuse. The World Cup brings excitement and a shared sense of national pride, but when emotions run high, the impact can coincide with an increase in domestic abuse. Warwickshire County Council (WCC) and partners are

encouraging anyone affected by domestic abuse during the World Cup to seek help and support. Find out what help is available:

<https://www.warwickshire.gov.uk/news/article/7716/council-highlights-domestic-abuse-support-available-during-the-world-cup-2026>

Chris Mills

County Councillor

Lighthorne