

County Councillor Report Lighthorne Parish Council Meeting 10th June 2025

Warwickshire SENDIAS

SEND families are being urged to take advantage of a range of free, impartial, and confidential support service designed to help them understand the SEND system and access the support they need. Read more:

<https://www.warwickshire.gov.uk/news/article/6347/warwickshire-sendias-empowering-families-of-children-with-special-educational-needs-and-disabilities->

Supporting young people's mental health

Understanding and looking after mental wellbeing is just as important as taking care of physical health and a good habit to develop as early as possible.

Read more: <https://www.warwickshire.gov.uk/news/article/6236/supporting-young-people-s-mental-health>

Carers Week

We are supporting Carers Week, which is taking place 9 – 15 June. The theme for this year is 'Caring About Equality'. Throughout the week we will be signposting to Warwickshire based services that can offer advice and support for unpaid carers. To find out more go to www.caringtogetherwarwickshire.org.uk

Pride 2025: Domestic abuse services

June is Pride Month, a celebration of individuality and uniqueness. During Pride we are offering support around domestic abuse and sexual assault. Help is available to you in Warwickshire. Domestic Abuse doesn't discriminate and isn't always physical. It can be emotional, physical, sexual, or financial. During Pride we are highlighting the support around domestic abuse and sexual assault for the LGBT+ community. Visit www.Talk2Someone.org.uk

FIS

Warwickshire's Family Information Service (FIS) provides information, advice and one-to-one support on issues including family relationships, finance, housing, parenting support and more. Learn more at

<https://www.warwickshire.gov.uk/directory-record/40/family-information-service>

Families to benefit from active partnership

Families across Warwickshire can enjoy a boost to their health, wellbeing, and access to local amenities thanks to an exciting new collaboration throughout the summer term. Find out more:

<https://www.warwickshire.gov.uk/news/article/6348/warwickshire-families-to-benefit-from-active-partnership->

Free support for families with Warwickshire's Living Well website

Warwickshire County Council's [Living Well webpages](#) bring together information on a wide range of health, wellbeing, and social care services into one easy-to-navigate page.

The online resource is designed to help families, adults, and older people to live healthier, happier, and more independent lives.

[Living Well](#) is especially valuable to families who are navigating the challenges of caregiving, managing wellbeing, or simply looking for ways to improve their quality of life.

Find information quickly on different aspects of living well, including:

[Financial support.](#) Discover practical advice and links to financial support services, helping families to manage rising expenses while maintaining their wellbeing.

[Looking after yourself.](#) Learn more about nutrition, staying active, sleep, and general self-care. This information is ideal for parents, carers, and individuals wanting to maintain a healthy lifestyle.

[Dealing with loneliness.](#) Explore the resources available to help people stay connected, including community groups and practical suggestions for what to do and where to go for support.

[Staying well.](#) Find out more about early action that can be taken to avoid illness and maintain independence, with guidance on vaccinations and healthy eating habits.

[Lifelong learning.](#) Discover local adult education and skills development opportunities, as well as inspiring stories from successful learners.

Warwickshire County Council also provides [AskSARA](#), a free assistive technology tool that supports families with access to a range of 'self-help' smart technology and associated services in Warwickshire. Whether it's a mobility aid

for an elderly person or a kitchen gadget to support with independent living, AskSARA provides personalised recommendations based on a short questionnaire, and empowers families to make informed decisions about their care and support. Visit www.warwickshire.gov.uk/livingwell to find out more about the support available in Warwickshire.

Pedestrianisation of the Parade in Leamington

The views of Leamington's residents, visitors, and businesses are being sought on new concept plans to transform Parade into a traffic-free space to give the town centre a major economic and cultural boost. Discover more:

<https://www.warwickshire.gov.uk/news/article/6372/views-sought-on-pedestrianisation-of-the-parade-in-leamington>

Crash Course – Free driver training

Warwickshire Fire and Rescue Service is excited to announce the launch of Crash Course. The training is designed to equip drivers with essential knowledge on what to do if they encounter or are involved in a road traffic collision or incident. Read more:

[https://www.warwickshire.gov.uk/news/article/6394/crash-course-free-training-for-drivers-in-warwickshire-](https://www.warwickshire.gov.uk/news/article/6394/crash-course-free-training-for-drivers-in-warwickshire)

Chris Mills
County Councillor
Lighthorne